

# October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Milk is included with all menus All Breakfasts include fruit or juice			1 BR: Cinn. Toast Bar, Cereal L: Chicken Noodle Cass, Bread Stick, Gr. Beans, Mand. Oranges	2 BR: PB&J L: Hamburger or Cheeseburger, Chips, Pears, Cookie	3
4	5 BR: Cereal Bar, Cereal L: Chicken Quesadillas, Refried Beans, Lettuce, Bread Stick, Peaches	6 BR: Choc. Muffin, Cereal L: Chicken Nuggets, Bun, Fr. Fries, Corn, Mixed Fruit	7 BR: Yogurt, Cereal L: Egg McMuffin, Hash Brown, Applesauce, Juice, Carrots & Celery, Choc. Chip Breakfast Cookie	8 BR: Poptart, Cereal L: Tater Tot Cass, Gr. Beans, Bread & Butter, Peaches	9 BR: Cereal Bar, Cereal L: Hot Dog/Bun, Baked Beans, Chips, Strawberry Cup	10
11	12 <b>Columbus Day</b> BR: Donut, Cereal L: French Toast Sticks, Hash Brown, Sausage Patty, Juice, Broccoli	13 BR: Cereal Bar, Cereal L: Taco, Refried Beans, Jelloed Applesauce, Cookie	14 BR: Cinn. Roll L: Breaded Beef Patty, Mashed Potatoes, Corn, Peaches	15 BR: Cocoa Puff Bar, Cereal L: Pasta Bake, Gr. Beans, Garlic Bread, Pineapple	16 BR: Muffin, Cereal L: Pizza, Lettuce, Broccoli, Pears, Cookie	17
18	19 BR: Poptart, Cereal L: Chicken Nuggets, Bun, Fr. Fries, Baked Beans, Lettuce, Mand. Oranges	20 BR: Cinn. Roll L: Hoagie, Chips, Carrots, Mixed Berry Cup, Cookie	21 BR: Rice Krispie Bar, Cereal L: Nacho's, Corn, Pineapple, Bread Stick	22 BR: Cheese Stick, Cereal L: Mac & Cheese w/Ham, Bun, Peas & Carrots, Mixed Fruit	23 <b>NO SCHOOL</b>	24
25	26 BR: Honey Nut Bar, Cereal L: Mini Ravioli, Gr. Beans, Garlic Bread, Strawberry Cup	27 BR: Cereal Bar, Cereal L: Breaded Pork Patty, Mashed Potatoes, Corn, Mand. Oranges	28 BR: PB&J L: Hamburger or Cheeseburger, Chips, Baked Beans, Apple Slices	29 BR: Donut, Cereal L: Chicken Fajitas, Refried Beans, (Spanish Rice-H/S), Mixed Fruit, Cookie	30 BR: Choc. Muffin, Cereal L: Spaghetti, Bread Stick, Carrots, Grapes, Cookie	31 <b>Halloween</b> 